

**BREAKFAST.....SERVED ALL DAY**

**FRUIT PARFAIT - €6**  
Yoghurt, coconut, granola & fresh fruit.  
... **G,D,N**

**BUTTERMILK PANCAKES €11**  
SERVED UNTIL 12 OR THE BATTER  
RUNS OUT! Blueberry pancakes with  
lemon crème fraîche, fresh raspberries,  
almond essence, maple syrup & toasted  
almond flakes.  
... **G,D,N,E,V**

**BREAKFAST BAP €9**  
Bresnan's bacon, sausage, free range  
egg, potato slice, house relish & cheese.  
... **G,D,E,SB**

**TWO EGG OMELETTE - €10.50**  
Choice of 3: cheese, onion, tomato,  
spinach, mushrooms, ham, chorizo.  
With grilled sourdough.  
... **G,D,E,M**

**SIR HENRY - €8.95**  
Poached free range eggs, avocado  
smash, on a grilled English muffin  
with dressed greens, cherry tomatoes  
and pesto.  
G,D,E,M  
... **Add Smoked Salmon €3.95**  
**Add Honey Baked-Ham**  
**€3.50**

**EGGS ROYALE - €12.50**  
Poached eggs, smoked salmon &  
asparagus on a grilled muffin with  
hollandaise.  
... **G,D,E,M,F**

**POACHED EGGS & TOAST - €7.50**  
Two free range eggs, trussed cherry  
tomatoes, dressed mixed greens &  
grilled sourdough.  
... **G,E,D,M**

**WILD MUSHROOMS & POACHED  
EGGS €11.50**  
Wild mushrooms in parmesan cream,  
over grilled sourdough topped with  
free range poached eggs and  
hollandaise.  
... **G,D,E**

**EGGS BENEDICT - €11.50**  
Poached free range eggs, honey-baked  
ham, house hollandaise, Ryan's grilled  
sourdough.  
... **G,E,D,M**

**POM LIONHEART - €11**  
Two free range poached eggs,  
Bresnan's sausage, smoked bacon,  
McCarthy's pudding, sliced potato &  
cherry tomato with sourdough toast.  
... **G,E,D,SB,SD**

**BREAKFAST CONT'D**

**BLACK PUDDING & POTATO ROSTI  
€12.95**  
McCarthy's Black Pudding & Potato  
Rosti topped with red onion jam,  
Ardsallagh feta cheese, East Ferry  
poached eggs & hollandaise, served  
with dressed greens & grilled  
sourdough.  
... **G,E,D,M,SB**

**VEGETARIAN HASH - €12.95**  
Rustic smashed potatoes, Feta cheese,  
spinach, cherry tomato, caramelised  
onion, poached eggs, hollandaise &  
sourdough.  
... **G,E,D,M**

**GER COLLINS HASH - €12.95**  
Rustic smashed potatoes, chorizo,  
cherry tomato, caramelised onion,  
poached eggs, hollandaise &  
sourdough.  
... **G,E,D,M**

**SIDES & EXTRAS**

House Fries €4 (G,SB, E)

Rustic Smashed Potato €4

Avocado Smash € 3.00

Smoked Salmon €3.95 (F)

Sautéed Wild Mushrooms €3.50 (D)

House Salad €4.50 (M)

Grilled asparagus, Parmesan &  
balsamic €3.95 (D)

Honey-Baked Ham €4 (M)

McCarthy's Black Pudding €2.50  
(G,SB,SD)

Warm Diced Chorizo €3.50

Bresnan's Bacon €3

Bresnan's Sausage €3 (SD)

Sourdough Toast (G,E,D) - €2.50

Extra Egg €1.25 (E)

Maple Syrup €1.50

Hollandaise €1.25 (E,D)

Gluten Free Bread €1 Supplement (SS)

**SALADS**

**GRILLED CHICKEN SALAD - €13.50**  
Grilled Chicken Breast, avocado and  
corn salad, smokey tomato over baby  
gem with a creamy tarragon dressing.  
... **D,SD**

**TOFU & PEARL COUS COUS - €13**  
Maple Glazed Tofu, Feta, roasted  
zucchini & yellow peppers, cherry  
tomatoes with pearl cous cous and  
house dressing.  
... **G,D,SD**

# 12 TABLES

HERE AT 12 TABLES WE PLACE  
GREAT IMPORTANCE ON THE  
PROVENANCE OF OUR  
INGREDIENTS AND WE DO OUR  
UTMOST TO SUPPORT LOCAL  
FAMILY SUPPLIERS.

BRESNAN'S BUTCHERS / EAST  
FERRY FARM / BADGER & DODO /  
CORK ROOFTOP FARM /  
HORIZON FARM / WILD ORCHARD  
/ RYAN'S BAKERY / HASSETTS  
BAKERY

**SWEETS**

House Scone with Fresh Cream & Jam  
€3  
... **G,E,D**  
Double Chocolate Brownie (G,E,D) with  
fresh cream €3.95  
... **Add Ice Cream - €1.50**  
Gluten Free Rocky Road - €4  
... **N,D**

**SANDWICHES ETC.....**

**THE TINNY SHED CLUB - €11.50**  
Chicken, bacon, avocado, tomato,  
lettuce & mayo on white toast. With  
house fries.  
... **G,E,D,SB**

**THE FINGERPOST - € 11.50**  
Honey-baked ham, mature cheddar,  
pickle, red onion jam & mayo on  
toasted sourdough. With house fries  
... **G,E,D,M,SB,SD**

**12 TABLES BURGERS.....**

**THE MICK-O BURGER €15**  
Bresnan's Prime Irish Beef Patty in a  
brioche bun, mature cheddar, tomato,  
pickle, red onion jam, garlic aioli,  
ketchup & house fries.  
... **G,D,E,SB**  
ADD BACON €1.50

**THE DOGE BURGER - € 16.50**  
Bresnan's Ribeye Burger, bacon,  
Whiskey jam, mature cheddar,  
jalapenos, tomato, baby gem, garlic  
aioli on a brioche bun & house fries  
... **G,D,E,SB,SD**

**MAKE YOUR BURGER A DOUBLE  
€2**

**SUMMER RON - €14.50**  
Grilled Irish Chicken Breast, bacon,  
avocado, cheddar cheese, tomato, corn  
salsa and tarragon aioli on a brioche  
bun. Served with house fries.  
... **G,D,E,SB**

**VEGAN GLOW - €12.50**  
Maple Glazed Tofu, Sliced Beef Tomato,  
Roasted Zucchini & Yellow Peppers,  
Basil Pesto, Hummus & Baby Gem on a  
Floury Bap. Served with smashed  
potato.  
... **G**

\*Gluten Free Bun Available €1 (SS)

\* All beef and poultry are of Irish  
origin.  
\* A service charge of 10% will be added  
to parties of 8 or more.

**KIDS MENU**

**EGGS & TOAST - €5**  
Two poached, free range eggs & toast  
... **G,E,D**

**JR LIONHEART- €6.30**  
Poached free range egg, sausage OR  
bacon & toast  
... **G,E,D,SB,SD**

**SAUSAGE & CHIPS - €6.30**  
Two Bresnan's sausages with house  
fries  
... **G,D,E,SB,SD**

**PANCAKES €6**  
Crepe Style Pancakes with Nutella &  
fresh Berries  
... **G,E,D,N**

**CHEESEBURGER €6.50**  
Single Patty Cheeseburger & house  
fries  
... **G,D,E,SB**

**CHICKEN GOUJONS €6.50**  
Breaded Irish chicken goujons & house  
fries  
... **G,SB**

**DRINKS**

Americano €2.90	Espresso €2.60
Barry's Tea €2.35	Milk €1.50
Latté €3.45	Flat White €3
Cappuccino €3.45	Macchiato €2.80
Extra Shot €5.50	Mocha €3.80
Tea Pigs Herbal Tea €3	
Van Houten Hot Chocolate €4	
... <b>Kids €2.95</b>	
Wild Orchard Orange Juice €2.80	
Wild Orchard Apple Juice €2.80	
Coke / Coke Zero / 7-up/ Club Orange €2.50	
San Pellegrino Limonada or Orange €2.50	
San Pellegrino Sparkling Water 500ml/€3.65 750ml/€4.85	
Acqua Panna Still Water 750ml/ €3.85	

\*\*\* DRAFT BEER, WINE & BUBBLES  
AVAILABLE, DON'T BE SHY, ASK  
FOR THE FULL MENU \*\*\*